### SPARKLE EXECUTIVE COACHING

Individual and Team Coaching

At Sparkle, we understand that each of us has different needs, skills and desires and we want to offer solutions to everyone's uniqueness.

Let us know what you are looking for in terms of coaching, learnings or presentations so that we can start working together towards your end goal.

And if you cannot find any package that suits your needs, we can create a special one for you!!

Our end-goal is to support you and your team in becoming impactful, responsible, performing and successful.

# Mhy Coaching?

- 80% of CEO admit receiving coaching or leadership advice.
- Coaching has a Return On Investment of 7 times the initial investment.
- 92% of companies with a strong coaching culture report above average revenue growth.
- Companies that offer coaching report a 36% increase in customer satisfaction. (Sources: Forbes, Deloitte. Carnegie, Inc.com)





#### SPARKLE EXECUTIVE COACHING

# Individual Coaching

Coaching is about helping you move forward by unlocking your potential.

It is about what you want or need, a challenge or an opportunity.



The coach will use techniques that will be fit for your unique situation to help you reach the goal you will set for each coaching session.

## Team & Group Coaching

Group coaching is a very specific area of coaching.

Organisations do understand that the usual trainings are not enough anymore. Team Coaching not only develops teams but also, and more importantly turn them into long-term performing teams.

#### How?

In team coaching, the role of the coach is to create a safe space when the team members will taking the time to learn, experiment and build their own culture, values, purpose and goal.







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